

McLean Hospital Update 2018

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President and Psychiatrist in Chief

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McLean HOSPITAL
HARVARD MEDICAL SCHOOL AFFILIATE

2018 Highlights



Ranked #1 for psychiatry by US News

- 2nd consecutive year top overall
- 16th consecutive year ranked top freestanding psychiatric hospital

Fiscal performance

- FY18 preliminary operating gain: ~\$3.8M (1.6%)
- 15th consecutive year of positive operating margin

Strategic and campaign planning

Ongoing challenges

Large, new fixed expenses

- Electronic medical record
- New Medicaid/state tax
- Workforce competition

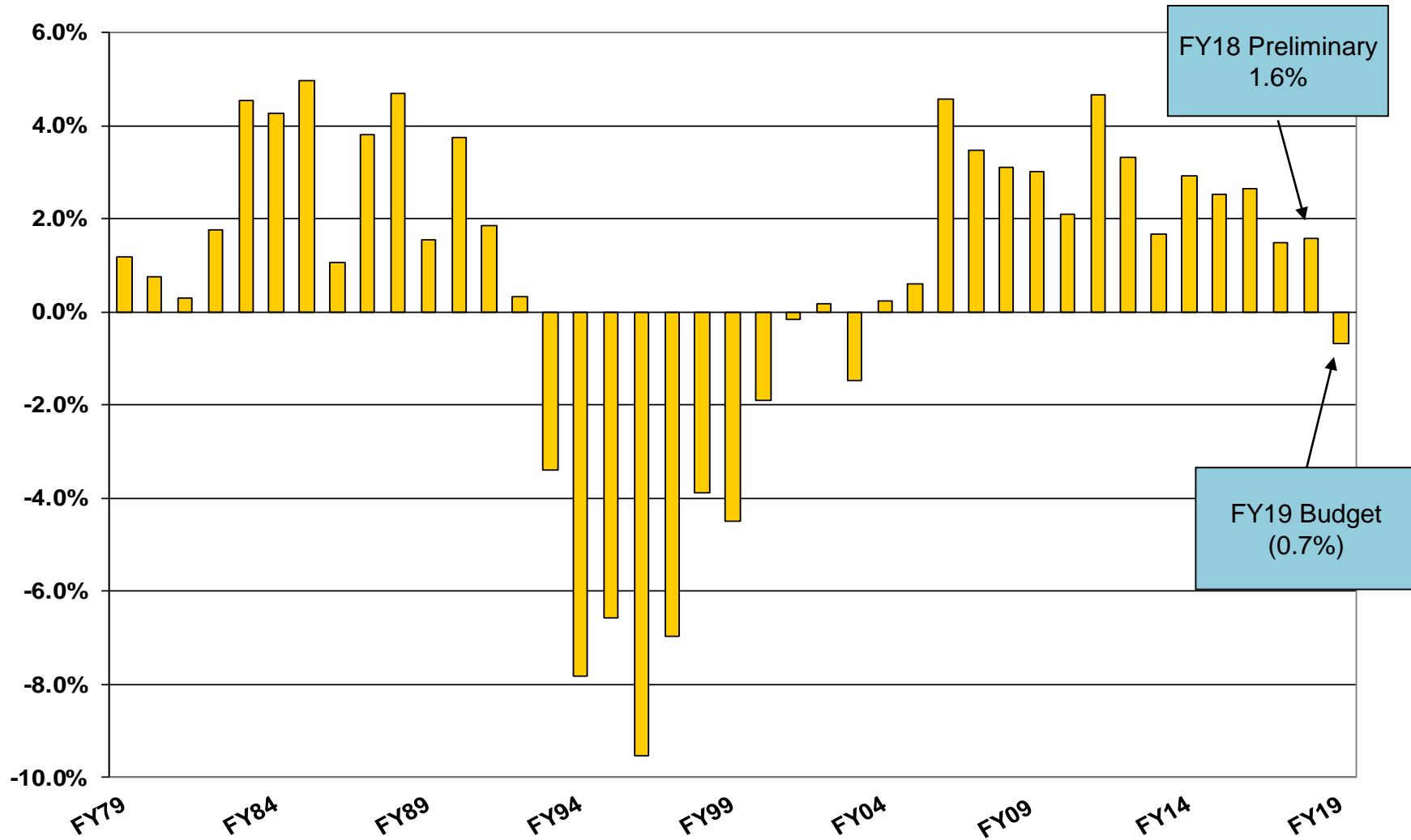
Nursing ballot initiative

Long-term facility needs



Operating Margin

Historical Perspective (1979-2019)



Faculty Updates

Dost Öngür, MD, PhD

- William P. and Henry B. Test Professor of Psychiatry



Kimberlyn Leary, PhD, MPA

- Executive Director, Center of Excellence in Women's Mental Health



Jane Eisen, MD

- Clinical Director, Center of Excellence in Depression and Anxiety Disorders



Clinical Highlights

Relocation of **Naukeag at Prescott** from Ashburnham to Petersham, MA

- Residential and partial hospital program
- **Substance use disorders** treatment
- Expanded **26** to **30** bed capacity



Franciscan Hospital expansion

- Community Based Acute Treatment (CBAT)
- **28-bed** program, for ages 4-14yrs
- Complements current child inpatient unit

Ketamine clinic

- Director: **Robert Meisner, MD**
- Treatment for severe depression



Clinical Opportunities

Adolescent services

- Need for expanded capacity (residential & outpatient)
- Site of current outpatient & proposed residential expansion (Sancta Maria) at risk

Geriatric psychiatry

- Planned restructuring & expanding inpatient care

New out-of-state OCD residence

- Houston-based
- High-quality, evidence-based program
- Complementary to Belmont offerings



Research Highlights

- >40 research labs; ~130 investigators
- 28 new awards totaling \$32.9M
- Total research activity >\$49M
- Broad scope from molecular to clinical



Recent Grants

Kerry J. Ressler, MD, PhD:

~\$3M R01 “Understanding PTSD through postmortem targeted brain multiomics”

~\$35M NIH/DOD funded multi-site longitudinal study of PTSD following subjects recruited from more than 20 emergency rooms

Diego Pizzagalli, PhD: ~\$1.5M NIH multi-site grant “Developing novel neurophysiological and behavioral assays of reward and cognition”

Staci Gruber, PhD: \$1.5M Patricia Cornwell Foundation grant for medical marijuana research

Institute for Technology in Psychiatry

Growing extramural support for technology initiatives

- Once Upon a Time Foundation (\$1M; Kerry Ressler, Ipsit Vahia)
- Laura Germine, PhD (2 contracts and 3 grants totaling \$1.8M)
- NIMH U01 grant (~\$3M; Justin Baker, Scott Rauch)

2018 Summit: *Closing Gaps In Translation*

Digital Psychiatry Innovations Clinic

Mission: to accelerate the adoption and scaling of new technologies to enhance psychiatric care

Goals:

- Translating research tools into clinical care
- Developing best practices for technology & data in clinical care

INSTITUTE FOR
TECHNOLOGY
IN PSYCHIATRY

@McLean Hospital

Brain & Behavioral Health Collaborative

Goal

Forge new **collaborations with healthcare investors** and other partners to **accelerate progress** in the discovery and development of innovative behavioral health approaches, including diagnostics and therapeutics, that can **meaningfully improve** the lives of people affected by psychiatric illness.

Activity to date

- Inaugural meeting in June
- 18 members attended representing 16 organizations
- Next meeting in November

Education & Training Highlights

6 McLean-HMS conferences: >1,900 attendees

36 Grand Rounds lectures

- >5,000 attendees & live-stream participants

Family education webinars

- 3-year pilot
- 48 total webinars
- ~3,356 live viewers; ~62,166 archived views
- Watched in 47 states and 43 countries



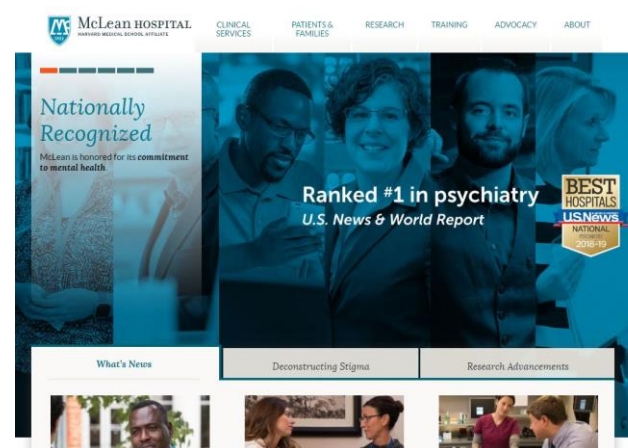
Expanding Education & Advocacy

New web-based platform to promote awareness, reduce stigma & educate

Purpose: To make McLean **the** primary resource for consumers and professionals seeking accurate, comprehensive and current mental health information

Goals:

- Offer engaging, high-quality mental health content
- Expand **Deconstructing Stigma**



Beyond McLean

Partners HealthCare

Care New England/Rhode Island

Center for Population Health

Employee/self-insured program: [Allways Health](#)
(formerly Neighborhood Health Plan)



Global Reach



Abu Dhabi

- Multi-year advisory relationship since 2011
- Consultation and education to government agency providing substance use treatment
- Expanding to include women and children

China

- Proposed advisory services and planning activities
- Future potential joint clinical program implementation

Strategic Planning

Nearing completion of strategy development

Strategic vision, framework and enterprise goals to Board Jan. 2019

Key criteria:

- Advance McLean's mission
- Leverage McLean's strengths
- Sustainable & scalable to increase impact



Strategic Direction

Redeveloping our physical plant

- New child & adolescent campus for residential, outpatient and educational services
- Establishing a center for women and girls
- Modernizing inpatient care spaces

Pioneering digital health & technology

Reaching to “ready-made markets” & innovative partnerships

Amplifying our impact, leveraging our expertise globally

Planning our next campaign